

Asalia: Slow Chiftitelli with 3 Violins (2008 version, no prop notes)

Eddie "The Sheik" Kochak: Strictly Bellydance

Intro

2X8 - hold

8 counts - Right hand undulates

8 R hand moves down side of body (watch arm)

8 R arm moving out & up (come to pose)

8 chest circles

8 undulation

8 Figure 8 (slow, slow, quick quick quick)

4 cross R foot in front of L, turn, raising L arm, R arm hip level, look over R shoulder

4 two shoulder circles

8 Turn to face back, cross arms over chest, fig 8 quick quick quick

8 figure 8 (slow, slow, quick quick quick) end w/arms down

8 shimmy arms come up the body, cross R foot over L, pivot, heels down

8 shimmy arms come down the body, hips accent R, L, R

Section 1

2X8 Figure 8 (slow, slow, quick quick quick)

2X8 Camel walk to R (L arms)

1X8 Big hip circle into 3 hip drops

2X8 ribcage drop shimmy shimmy shimmy, shimmy shimmy, RLR

2X8 Figure 8 (slow, slow, quick quick quick)

2X8 Camel walk to L (L arms)

2X8 Big hip circle into 3 hip drops

1X8 ribcage drop shimmy shimmy shimmy, shimmy shimmy, hips R, step back L, drop down

1X8 head up on 1, shoulder rolls sloooooowly up

1X8 classic hands coming up, on 5 place R hand behind head, L hand swoops into pose
(ALWAYS watching the hands while they move!)

Section 2

1X8 L hand waves down (watching)

1X8 R hand waves down (watching)

1X8 Undulate

1X8 Step out onto R foot, undulate

1X8 L hip roll, roll, roll up drop

1X8 ribcage drop shimmy shimmy shimmy, shimmy shimmy, hips R,L, R

1X8 ribcage drop shimmy shimmy shimmy, shimmy shimmy, hips R,step back & pose

(3:23 -- false ending - fade music for exit)